

**GREEN COUNTY FAMILY YMCA ATHLETIC CODE AGREEMENT**

I, \_\_\_\_\_ have read and understand the activity/athletic code, and agree to abide by all the rules and conditions stated within the code.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

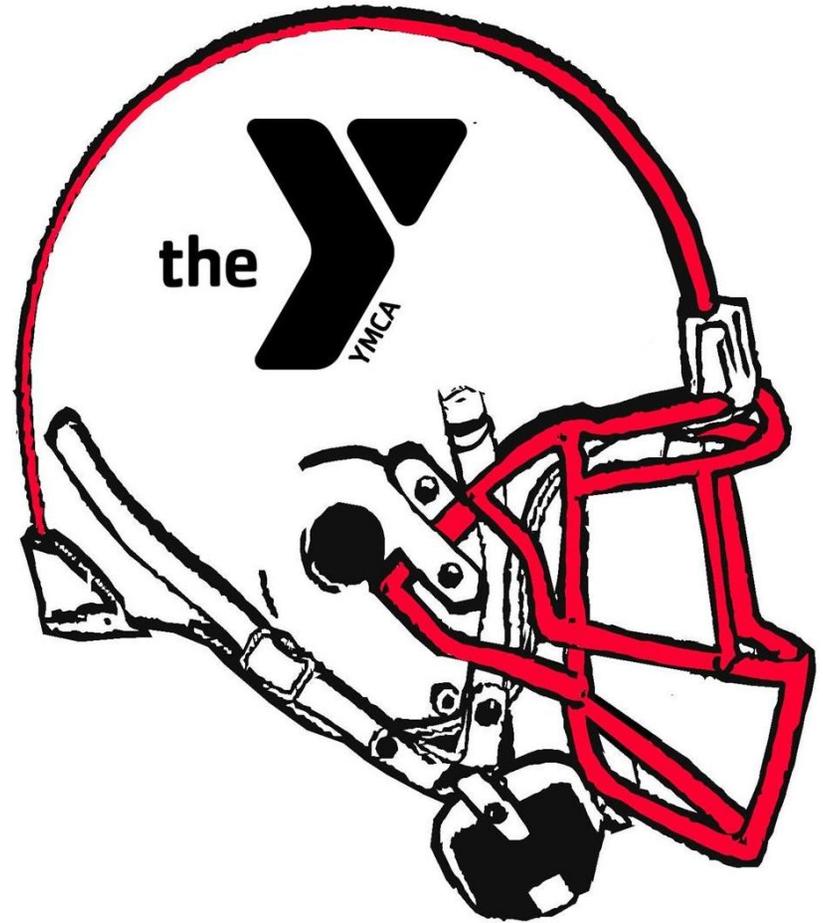
I have read and understand the activity/athletic code and agree to support the rules and conditions stated within the code.  
I also agree that my child is healthy and not limited to participate in YMCA Tackle Football.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

This form must be signed and on file with the activity/athletic director before the student is eligible to participate in a sport or activity.



**Activity/Athletic  
Code Handbook**



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **PHILOSOPHY**

At the Green County Family YMCA we believe it is important to provide a quality learning program that contributes to the physical, mental and emotional development of those who choose to participate. It is our hope that a sense of pride and spirit will be one of many positive results. Since our athletes represent the Green County Family YMCA community wherever they go, they must have a clear understanding that participation in athletic activities is a privilege that requires added responsibility and sacrifice.

## **YMCA TACKLE FOOTBALL RULES AND PHILOSOPHY**

The YMCA Tackle Football program will strive to provide all athletes the opportunity to:

1. Learn the fundamental skills of football at their level.
2. Learn teamwork, cooperation and sportsmanship.
3. Experience competition in a safe environment.
4. Participate in learning through practice and games.
5. Enjoy an educational and athletic experience.
6. Fitness and health through practice and games.

### **Athlete Expectations**

Players are expected to:

1. Attend all practices and games.
2. Listen to their coaches.
3. Try to be successful.
4. Ask questions if they don't understand.
5. Be a positive teammate.
6. Treat everyone, whether younger or older, with the same kindness and respect, with which you yourself would wish to be treated.
7. HAVE FUN.

### **Rules in Addition to the YMCA Tackle Football Athletic Code**

1. It is most desirable for players to participate in all practices in order to compete at an optimum level. Exceptions include illness, family events, school conflicts or church conflicts. If a player must miss a practice, parents should call the coach.
2. Players cannot miss more than 3 unexcused practices and remain on the team. An unexcused practice is one that is not confirmed by a parent.

### **Playing Time**

Playing time will be determined by:

1. Listening to coaches instructions and carrying them out.
2. Unselfish play.
3. Hustle during practices.
4. Teamwork.
5. Respect for players, coaches and officials and parents.
6. Practice attendance for safety and fitness.

Playing time may not be equal, however all players will play in each game if they have abided by the above rules and philosophy and extracurricular code.

## COACHES RESPONSIBILITIES

1. I will treat each player, opposing coach, official, parent and administrator with respect and dignity.
2. I will make sure that all players participate in practices and games; giving all the best possible coaching and making sure each player feels important.
3. I will do my best to learn the fundamental skills, teaching and evaluation techniques and strategies of my sport.
4. I will teach and conduct good sportsmanship at all times.
5. I will learn the strengths and weaknesses of my players so that I might place them in situations where they have a maximum opportunity to achieve success.
6. I will conduct my practices and games so that all players have an opportunity to improve their skill level through active participation.
7. I will make sure all players understand the game rules.
8. I will know basic first aid practices and emergency procedures, reporting all injuries to the appropriate authority.
9. I will uphold the authority of officials who are assigned to the contests in which I coach and I will assist them in every way to conduct fair and impartial competitive contests. I am also responsible for any fan's conduct.
10. I will protect the health and safety of my players by insisting that all of the activities under my control are conducted for their psychological and physiological welfare rather than for the vicarious interest of adults.
11. I will uphold and work within the YMCA philosophy.
12. I will communicate with players and parents as much as possible via email, handouts, schedules, and phone calls.



## 1. ALCOHOL - DRUG - CIGARETTE POSSESSION - USE SUSPENSION

The use or possession of alcohol, drugs or cigarettes (including matches and lighters) is prohibited. Stealing and bullying are also included as an infraction of YMCA rules and could be a consideration for suspension. Any participant with such an infraction will receive an activity/athletic suspension. After a signed complaint has been received and reviewed, the suspension will be given to the participant in writing. The player will be dropped from the team or activity. Zero tolerance will be observed.

## 2. ANTI-BULLYING

Our YMCA is committed to providing a caring, friendly, and safe environment for children in our care so that they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable. That is, any use of aggression with the intention of hurting another person (including, but not limited to, physical, emotional, verbal, sexual) is not tolerated. Serious incidents of targeted aggression are documented by YMCA staff, and ongoing monitoring of the situation will occur. When attempts to change unacceptable behavior are unsuccessful, the consequences of repeated bullying may include suspension and/or termination from the program. Our YMCA is committed to providing a safe, caring and friendly environment for all of our members. If bullying does occur, incidents will be dealt with promptly and effectively. Anyone who knows that bullying is happening is expected to tell a staff member or the Football Oversight Committee.

## 3. APPEALS PROCESS

Appeals may be requested by parents/guardians. The appeals must be directed to the administration within five (5) working days of the initial decision. The appeal must be in writing and must include rationale for overturning the initial decision. The Football Oversight Committee will make a decision within two (2) days after receiving the appeal. The Football Oversight Committee will notify the appealing party of any change of status.

## 4. ATHLETIC EQUIPMENT

All participants should take pride in our facility, property and equipment. In most athletics and activities the YMCA will loan the athlete uniforms or equipment necessary to participate. The participant will be held financially responsible for any lost, stolen, or misplaced equipment. Deliberate damage of property or equipment will be referred to law enforcement agencies for restitution. Replacement costs are as follows:

- a. Helmet - \$110.00
- b. Shoulder Pads - \$85.00
- c. Pants - \$22.00
- d. Pad Pack - \$30.00
- e. Practice Jersey - \$15.00
- f. Game Day Jerseys - \$100.00
- g. Belt - \$10.00
- h. Equipment Bag - \$15.00

## 5. CODE SIGNATURE

Athletes participating in the YMCA activities must, along with a parent(s) or guardian, understand and sign the code agreement before they begin participation in an activity.

## 6. ENFORCEMENT OF THE CODE

Any individual, who reports a violation of the code must give a written, signed and dated report to the Football Oversight Committee within ten (10) days of the alleged violation. The report shall specifically state the place, time, date of the violation and alleged violators. Violations of the code may also be enforced based on the reports confirmed by law enforcement officials or self admission. If the report is in the judgment of the Football Oversight Committee, a valid one, the student will be given an opportunity to discuss the charges. If the student admits that the charges are true, he/she will receive a consequence according to the code. If he/she denies the charges, the Football Oversight Committee will complete an investigation and make a determination as to the truth within two (2) working days. A formal letter will be sent to the student and his/her parent/guardian if the student is being suspended from activities according to the code.

## 7. INELIGIBILITY CONTACT

If an athlete is ineligible for any reason, a letter will be sent home. A parent/guardian may request a conference to discuss the ineligibility.

## 8. INJURIES

Participants injured during a YMCA sponsored activity are required to report the injury to his/her coach as soon as possible. When appropriate, an accident report will be completed by the coach. Any injuries received outside of practice/game need to be reported to the coach prior to participation. Players seeking medical attention cannot return to practice until they are given a 100% clearance from a doctor. With that being said, the YMCA will need to have a written medical note given to us from the physician before the player can return to play. Limited participation doesn't meet the 100% clearance permission.

## 9. MEDICAL INFORMATION

An athlete may not participate in YMCA Football until the YMCA has a physically fit permission form and code of conduct sheet signed and submitted. Any medical conditions (e.g., allergies, asthma) need to be reported to the coach prior to participation. Although the YMCA doesn't require a physical, it is recommended. The Y strongly recommends the concussion testing offered by the Monroe Clinic. Please contact the Monroe Clinic for the concussion testing 608-324-2003.

## 10. PRACTICE BEFORE PARTICIPATING IN A SPORT

Athletes are required to participate in five (5) practices before they are allowed to compete in an athletic contest. Of the five (5) practices, the first three (3) must be without pads-no contact, helmets only. This complies with WIAA rules and is required for the athletes safety and fitness.

## 11. TRANSPORTATION TO AND FROM ACTIVITY

It is the parent/guardians responsibility to see that the athlete has proper transportation to and from practices and games. Athlete is required to arrive in a timely manner and be ready to practice/play at the scheduled time.

## 12. JERSEYS

Rented jerseys are only to be worn on game days. If a jersey is damaged (more than normal wear & tear) the jersey is then your responsibility to replace at full price. If jerseys are purchased and the athlete is removed from the program (whatever the reason may be) the jersey cost is not refundable.

## 13. FOOTBALL OVERSIGHT COMMITTEE

The Football Oversight Committee reserves the right to make policies and decisions as needed to address specific issues that arise which may not be explicitly covered in this code.

The Football Oversight Committee reserves the right to make policies and decisions as needed to address specific issues that arise which may not be explicitly covered in this code. This Committee will review all Coaches' requests for rules more stringent than those provided in the code. Upon approval by the Committee, copies of such rules are to be provided to the Committee, athletes, and parents/guardians.

## PARENTS RESPONSIBILITIES

1. I will help my child learn to enjoy sports and develop the skills that he or she is capable of performing.
2. I will learn the strength and weaknesses of my child so that I may place the young athlete in situations where he or she has a maximum opportunity of success.
3. I will do my best to learn the fundamental teaching skills and strategies related to my child's sport.
4. I will communicate with my child the rights and responsibilities of others who are involved in the sport.
5. I will treat each player, coach, official, parent, and administrator with respect and dignity.
6. I will uphold the authority of officials and coaches who are working with my child. I will assist them when possible and use good judgment if I disagree with them.
7. I will become familiar with the objectives of the sports programs with which my child is affiliated.
8. I will help my child develop good sportsmanship and a desire to strive for success.
9. I will be realistic about my child's abilities and won't use his or her competition in sports as an opportunity to live vicariously.
10. I will support my child while encouraging him or her to stand up for him or herself.
11. I will support my child and team by being a fundraising volunteer and help out when needed.
12. I will make sure my child has the necessary transportation to and from practice and games.
13. I will make sure my child is on time and ready for practice and games.
14. I will volunteer to assist and aide during games.

# SPORTSMANSHIP

# COMMITMENT