Dear Members,

Summer is finally upon us and the one time of year when one usually kicks back and slows down. The Greater Morristown YMCA is the exception to that rule, especially this summer with Project Renovation 2017 well underway.

We strive to provide the best facility we possibly can for our members. At over 48,000 square feet, the need to improve and update our 36 year old building is ongoing and never ending. Last Fall, the Facilities Committee of the Board of Directors determined the need to renovate as the final major project to our facility. The construction involves the removal of our baseboard hot water heating system that extended across the front of the building, along with its large boiler that fed the membership desk, administration and circuit room. Since most of that area was going to be under construction, we determined that it was the perfect opportunity to update the façade, move and reduce the size of the administrative area and front desk in order to give that much needed space back to the members. Additionally, we are also adding new HVAC systems and installing a sprinkler system throughout the building.

The construction has begun under the management of the Frankoski Construction Company, the same outstanding builders who completed our adult locker rooms, built the new Y-Zone on Saddle Road and updated the Richard F. Blake Children’s Center façade.

We know when completed, you, our loyal members will be as thrilled with the outcome as we are and we thank you in advance for your patience.

The hectic pace of construction pales in comparison to the explosion of children who enrolled in our summer camp program at our newly constructed Y-Zone and our Kinder Camp. For the first time in 30 years, we have had to close registration! 450 children have enrolled and enjoy a myriad of activities—from arts and crafts to outdoor sports, field trips and daily swim play at the Y. Our five seasoned Camp Directors, with over 25 years of experience running camps, ensure the children are making friends, creating memories and having fun—basically just being kids—all while in a safe and nurturing environment. Kudos to them for the extraordinary growth in a mere year of opening the Y-Zone!

Thank you again for your patience and we hope you and your families enjoy a safe, healthy and relaxing summer!

Carol Armour
President & CEO
RENOVATION KEY POINTS

We strive to keep the disruption to our membership at a minimum during the construction. Following please find some key points about our renovation:

- We will remain open during construction, summer hours are in effect.
- Entrance is currently at the rear of the building.
- Please park on the sides and back of the building.
- Traffic signs are posted, indicating flow of traffic PLEASE drive cautiously, especially in the back of the building as our Summer Camps are in full swing.
- A special handicapped entrance has been designated through the side gym doors with a special buzzer.
- Membership has been relocated to the prior swim team office.
- Pool and gym work (sprinklers, windows) will be done during shut down.
- Please note—locker rooms will not be disrupted during construction.

THE Y-ZONE ANNUAL SCHOLARSHIP RECIPIENT

Congratulations to Morristown High School senior, Nicholas Pezzuti, who is the recipient of the second annual Y-Zone college scholarship. Below is his insightful essay about what the Richard F. Blake Children’s Center means to him. Nicholas will be attending Virginia Tech this Fall. We wish him all the best!

I was about to embark on yet another of life’s transitions: entering high school. I walked in on that first day and was handed a thick folder containing an overwhelming amount of information. I noticed a purple shaded paper standing out among the rest of the packet. The paper was entitled, “All I Ever Really Needed To Know, I Learned in Kindergarten”, by Robert Fulghum. As I read through the page, I realized, all I ever needed to know, I learned at The Richard F. Blake Children’s Center, fondly known to my family as “Y’s Owls”. I attended Y’s Owls from the age of ten months until the age of five years.

As I read through Fulghum’s quotes, it occurred to me that there is truth in the statement “Wisdom was not at the top of the graduate school mountain, but there in the sandbox at nursery school.” The basic principles I learned were not in books, or online, but rather in the real world. Through experience, interaction and instruction at Y’s Owls, I was gently introduced to these basic principles that would form my foundation for success. It was at Y’s Owls that I learned to share toys with my classmates. I learned to put things back where I found them and to clean up my own mess. I learned to say I was sorry when I hurt someone. On field trips, my classmates and I learned to hold hands and stick together.

As I embark on my next transition, entering college, my new student orientation materials may not contain that same piece of purple paper. And while I may strive to reach the top of that graduate school mountain, I will never forget all I learned in that sandbox at Y’s Owls.

Carol Armour, YMCA President & CEO, with Nicholas Pezzuti outside the YZONE

MOLESAFE:
MELANOMA & SKIN CANCER
EARLY DETECTION PROGRAM

MoleSafe is a company built on a passion for the early detection and awareness of skin cancer, primarily melanoma.

Their proprietary Skin Surveillance Program (SSP) was created over the last 15 years by an international panel of leading dermatologists to detect skin cancer at its earliest possible stage. This advanced and proactive approach—the most thorough available today—was designed to overcome the shortcomings of conventional skin cancer screening practices.

Are You At Risk? Simply put, MoleSafe’s innovative SSP is for everyone who has ever been exposed to the sun, even with the generous use of sunscreen and other forms of protection. Individuals at an even higher risk* include:

- Caucasian men over the age of 50
- Survivors of melanoma as well as those with a family history
- Those who have ever tanned indoors, especially before the age of 35
- Those who have sustained five or more sunburns in their youth
- Women 49 years of age and under

*Facts are based on statistics from the Skin Cancer Foundation©

As the leader in providing lifesaving diagnostic services to individuals at risk for skin cancer, MoleSafe is proud to offer their program at many area hospitals. Visit http://molesafe.com/ for more information or call: 1-877-MOLESafe (1-877-665-3723).

NEW WEBSITE COMING SOON!

Because we love makeovers so much here at The Greater Morristown YMCA, we are thrilled to announce that we have been giving our current website a makeover. Look for it to launch in the upcoming weeks. Like any other new website, it will take a few weeks to iron out the kinks associated with launching a new site so we appreciate your patience and understanding. The website address will remain: www.greatermorristownymca.org.
LEARNING TO REALLY SWIM

About a year ago, in the midst of many life-changing moments, I wandered into The Greater Morristown YMCA and was given a tour by Karen. We walked through to the spectacular pool, with its six lanes gleaming, whereupon I confessed that I had had a lifelong dream to really learn how to swim. I asked whether the Y gave adult swimming lessons, and by June 19th, 2016 I was enrolled in a beginners’ class with Marco.

As I proceeded taking additional instruction, practicing daily, and attending aqua aerobics classes, many positive things began to happen to me, both mentally and physically. I began to healthfully lose weight, and discovered my intuition that swimming would be enjoyable was an understatement. Swimming had become a passion for me.

Many people saw how happy swimming and aqua fitness classes made me. Chris Weaver, Aquatics Instructor, suggested that, one day, I might be interested in learning to teach these skilled exercise classes. Additionally, while taking lessons with instructors who were also lifeguards, I learned a lot about what it might take to become a lifeguard. So, when a lifeguarding course was offered at the YMCA, I eagerly enrolled.

When I finished the course, by luck the Y was hiring lifeguards. I am delighted they have me the job.

The YMCA community has been, and continues to be supportive and encouraging. I have been lucky from day one to have met so many terrific people, from members to staff. Thank you, everyone—and I do mean everyone—for the “can-do” spirit that you have so generously shared with me. It’s been an amazing year! - Glenda Mitchell

CHIP IN FOR YOUR COMMUNITY

On Monday, September 11th, 2017, The Greater Morristown YMCA will host our 30th Annual Charity Golf Outing at Spring Brook Country Club in Morristown, NJ.

Over the last 30 years we have raised close to $1,000,000 through this yearly event. These monies provided underserved children in our community the opportunity to attend day care, camp, after school care and YMCA programs, like swim and Youth Basketball Association (YBA). Thanks to this one event, thousands of children are given the chance to start on a level playing field with their peers.

The event is always a wonderful day filled with great golf, food and comradery. You can either register on-line at www.greatermorristownymca.com or in person with our Membership Team. Come and join us to celebrate 30 years of fun and philanthropy!

For additional information, please contact Karen at ymcagolfouting@gmail.com.
OUR MISSION STATEMENT

The Greater Morristown YMCA founded in the Christian traditions of honesty, respect, caring and service to others, seeks to enhance the character and quality of life for all people in the community, by providing activities to enrich their spiritual, mental and physical well being.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMING SOON IN 2018...
ON-LINE SWIM REGISTRATION

After extensive research we have found a new system that will meet the needs of our members and online registration. Our goal is to have it up and running early next year. We will still have our current computer system for Fall registration, as requested, there will be a change in the process.

Details will follow. Thank you in advance for your patience while we upgrade our systems.