



# James Family Prescott YMCA Preschool Activity Schedule August 2017

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Room 5

Monday	Tuesday	Wednesday	Thursday	Friday
6:30-7:30 Classroom Free Play (Rm 1) 7:30-8:00 Classroom	6:30-7:30 Classroom Free Play (Rm 1) 7:30-8:00 Classroom	6:30-7:30 Classroom Free Play (Rm 1) 7:30-8:00 Classroom	6:30-7:30 Classroom Free Play (Rm 1) 7:30-8:00 Classroom	6:30-7:30 Classroom Free Play (Rm 1) 7:30-8:00 Classroom
8:00-8:20 Classroom Free Play/Snack 8:20-8:50 Playground	8:00-8:20 Classroom Free Play/Snack 8:20-8:50 Playground	8:00-8:20 Classroom Free Play/Snack 8:20-8:50 Playground	8:00-8:20 Classroom Free Play/Snack 8:20-8:50 Playground	8:00-8:20 Classroom Free Play/Snack 8:20-8:50 Playground
8:50--9:00 Bathroom 9:00-9:15 Circle Time 9:15-10:00 Open Choice Themed Center Activities	8:50--9:00 Bathroom 9:00-9:15 Circle Time 9:15-10:00 Open Choice Themed Center Activities	8:50--9:00 Bathroom 9:00-9:15 Circle Time 9:15-10:00 Open Choice Themed Center Activities	8:50--9:00 Bathroom 9:00-9:15 Circle Time 9:15-10:00 Open Choice Themed Center Activities	8:50--9:00 Bathroom 9:00-9:15 Circle Time 9:15-10:00 Open Choice Themed Center Activities
10:00-10:15 Bathroom 10:15-10:50 Playground	10:00-10:15 Bathroom 10:15-10:50 Playground	10:00-10:15 Bathroom 10:15-10:50 Playground	10:00-10:15 Bathroom 10:15-10:50 Playground	10:45-11:45 <b>Gymnastics</b>
10:50-11:05 wash hands	10:50-11:05 wash hands	10:50-11:05 wash hands	10:50-11:05 wash hands	11:45-12:15 wash hands/ Lunch
11:05-12:00 Lunch/potty/ wash hands	11:05-12:00 Lunch/potty/ wash hands	11:05-12:00 Lunch/potty/ wash hands	11:05-12:00 Lunch/potty/ wash hands	12:15-12:30 Potty
12:00-2:00 Nap Time	12:00-2:00 Nap Time	12:00-2:00 Nap Time	12:00-2:00 Nap Time	12:30-2:30 Nap Time
2:00-2:15 Potty	2:00-2:15 Potty	2:00-2:15 Potty	2:00-2:15 Potty	2:30-2:45 Potty
2:15-2:45 Snack 2:45-3:15 Music and Movement	2:15-2:45 Snack	2:15-2:45 Snack	2:15-2:45 Snack	2:45-3:15 Snack
3:00-3:40 <b>Gymnasium</b>	2:45-3:45 <b>Swimming</b>	2:45-3:45 Free Play	2:45-3:45 <b>Swimming</b>	3:15-3:45 Playground
3:45-4:15 Open Choice theme activities	3:45-4:15 Open Choice theme activities	3:45-4:45 <b>Lindquist Park</b>	3:45-4:15 Music & Movement	3:45-4:15 Open Choice theme activities
4:15-5:00 Playground	4:15-5:00 Playground	4:15-5:00 Playground	4:15-5:00 Playground	4:15-5:00 Playground
5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1

**Arrival time should be no later than 9:00am, to ensure participation in activities.**

Each classroom uses the *High Reach Curriculum*, which focuses on social-emotional skills,  
**The Y: We're for youth development, healthy living and social responsibility.**

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