



James Family Prescott YMCA Preschool Activity Schedule January 2018

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Room 2 & Room 3

Monday	Tuesday	Wednesday	Thursday	Friday
6:30-7:30 Open in Rm.1 Classroom Free Play 7:30-7:35 Transition to designated Classroom 7:35-8:35 Free Play	6:30-7:30 Open in Rm.1 Classroom Free Play 7:30-7:35 Transition to designated Classroom 7:35-8:35 Free Play	6:30-7:30 Open in Rm.1 Classroom Free Play 7:30-7:35 Transition to designated Classroom 7:35-8:35 Free Play	6:30-7:30 Open in Rm.1 Classroom Free Play 7:30-7:35 Transition to designated Classroom 7:35-8:35 Free Play	6:30-7:30 Open in Rm.1 Classroom Free Play 7:30-7:35 Transition to designated Classroom 7:35-8:35 Free Play
8:35-9:00 Bathroom Wash hands/Snack 9:00-9:30 Playground	8:35-9:00 Bathroom Wash hands/Snack 9:00-9:30 Playground	8:35-9:00 Bathroom Wash hands/Snack 9:00-9:30 Playground	8:35-9:00 Bathroom Wash hands/Snack 9:00-9:30 Playground	8:35-9:00 Bathroom Wash hands/Snack 9:00-9:30 Playground
9:30-9:35 Bathroom 9:35-9:45 Circle Time 9:45-10:45 Open Choice Themed Center Activities	9:30-9:35 Bathroom 9:35-9:45 Circle Time 9:45-10:45 Open Choice Themed Center Activities	9:30-9:35 Bathroom 9:35-9:45 Circle Time 9:45-10:45 Open Choice Themed Center Activities	9:30-9:35 Bathroom 9:35-9:45 Circle Time 9:45-10:45 Open Choice Themed Center Activities	9:30-9:35 Bathroom 9:35-10:15 Circle Time/Open Choice 10:15-10:30 Bathroom/Wash Hands 10:30-10:45 Transition
10:45-11:15 Playground	10:45-11:15 Playground	10:45-11:15 Playground	10:45-11:15 Playground	10:45-11:45 Gymnastics
11:15-11:30 Bathroom Wash Hands/Lunch	11:15-11:30 Bathroom Wash Hands/Lunch	11:15-11:30 Bathroom Wash Hands/Lunch	11:15-11:30 Bathroom Wash Hands/Lunch	11:45-12:15 Bathroom Wash Hands/Lunch
11:30-12:00 Bathroom Wash hands	11:30-12:00 Bathroom Wash hands	11:30-12:00 Bathroom Wash hands	11:30-12:00 Bathroom Wash hands	12:15-12:30 Bathroom Wash hands
12:00-2:00 Nap Time	12:00-2:00 Nap Time	12:00-2:00 Nap Time	12:00-2:00 Nap Time	12:30-2:30 Nap Time
2:00-2:15 Bathroom	2:00-2:15 Bathroom	2:00-2:15 Bathroom	2:00-2:15 Bathroom	2:30-2:45 Bathroom
2:15-2:45 Snack 2:45-3:15 Music & Movement	2:15-2:45 Snack	2:15-2:45 Snack	2:15-2:45 Snack	2:45-3:15 Snack
3:00-3:30 Gymnasium	2:45-3:45 Swimming	2:45-3:20 Free Play	2:45-3:45 Swimming	3:15-3:45 Music and Movement
3:30-4:00 Open Choice theme activities	3:45-4:15 Open Choice theme activities	3:20-3:45 Lindquist Park	3:45-4:00 Changing/ Transition	3:45-4:15 Open Choice theme activities
4:00-5:00 Playground	4:15-5:00 Playground	3:45-4:00 Bathroom/wash hands 4:00-4:40 Playground	4:00-5:00 Playground	4:15-5:00 Playground
5:00-5:15 Bathroom 5:15-6:00 Free play in Classroom 4	5:00-5:15 Bathroom 5:15-6:00 Free play in Classroom 4	5:00-5:15 Bathroom 5:15-6:00 Free play in Classroom 4	5:00-5:15 Bathroom 5:15-6:00 Free play in Classroom 4	5:00-5:15 Bathroom 5:15-6:00 Free play in Classroom 4

Arrival time should be no later than 9:00am, to ensure participation in activities.

Bedding should be taken home on Friday for laundering and returned with your child on Monday
Each classroom uses the *High Reach Curriculum*, which focuses on social-emotional skills, kindergarten
readiness and encourages children to learn in their natural environment.

The Y: We're for youth development, healthy living and social responsibility.

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