



# James Family Prescott YMCA Preschool Activity Schedule October 2017

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Room 2 & Room 3

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| 6:30-7:30<br>Classroom Free Play<br>(Rm 1)<br>7:30-8:15 Classroom              | 6:30-7:30<br>Classroom Free Play<br>(Rm 1)<br>7:30-8:15 Classroom              | 6:30-7:30<br>Classroom Free Play<br>(Rm 1)<br>7:30-8:15 Classroom              | 6:30-7:30<br>Classroom Free Play<br>(Rm 1)<br>7:30-8:15 Classroom              | 6:30-7:30<br>Classroom Free Play<br>(Rm 1)<br>7:30-8:15 Classroom                                  |
| 8:15-8:45 Playground<br>8:45-9:00<br>Wash hands/Snack                          | 8:15-8:45<br>Playground<br>8:45-9:00<br>Wash hands/Snack                       | 8:15-8:45 Playground<br>8:45-9:00<br>Wash hands/Snack                          | 8:15-8:45<br>Playground<br>8:45-9:00<br>Wash hands/Snack                       | 8:15-8:45 Playground<br>8:45-9:00<br>Wash hands/Snack  |
| 9:00-9:15 Circle Time<br>9:15-10:15<br>Open Choice Themed<br>Center Activities | 9:00-9:15 Circle Time<br>9:15-10:15<br>Open Choice Themed<br>Center Activities | 9:00-9:15 Circle Time<br>9:15-10:15<br>Open Choice Themed<br>Center Activities | 9:00-9:15 Circle Time<br>9:15-10:15<br>Open Choice Themed<br>Center Activities | 9:00-10:15 Circle<br>Time/Open Choice<br>10:15-10:30 Potty/Wash<br>Hands 10:30-10:45<br>Transition |
| 10:15-11:00<br>Playground  | 10:15-11:00<br>Playground  | 10:15-11:00<br>Playground  | 10:15-11:00<br>Playground  | 10:45-11:45<br><b>Gymnastics</b>   |
| 11:00-11:15<br>wash hands  | 11:00-11:15<br>Wash hands  | 11:00-11:15<br>Wash hands  | 11:00-11:15<br>Wash hands  | 11:45-12:15<br>wash hands/ Lunch   |
| 11:15-12:00<br>Lunch/potty/wash<br>hands                                       | 11:15-12:00<br>Lunch/potty/wash<br>hands                                       | 11:15-12:00<br>Lunch/potty/wash<br>hands                                       | 11:15-12:00<br>Lunch/potty/wash<br>hands                                       | 12:15-12:30 Potty  |
| 12:00-2:00<br>Nap Time   | 12:00-2:00<br>Nap Time   | 12:00-2:00<br>Nap Time   | 12:00-2:00<br>Nap Time   | 12:30-2:30<br>Nap Time   |
| 2:00-2:15 Potty  | 2:00-2:15 Potty  | 2:00-2:15 Potty  | 2:00-2:15 Potty  | 2:30-2:45 Potty  |
| 2:15-2:45<br>Snack<br>2:45-3:15 Music and<br>Movement                          | 2:15-2:45<br>Snack   | 2:15-2:45<br>Snack   | 2:15-2:45<br>Snack   | 2:45-3:15<br>Snack   |
| 3:00-3:40<br><b>Gymnasium</b>  | 2:45-3:45<br><b>Swimming</b>   | 2:45-3:45<br>Free Play   | 2:45-3:45<br><b>Swimming</b>   | 3:15-3:45<br>Music and Movement  |
| 3:45-4:15<br>Open Choice theme<br>activities                                   | 3:45-4:15<br>Open Choice<br>theme activities                                   | 3:45-4:15<br><b>Lindquist Park</b>   | 3:45-4:15<br>Music & Movement  | 3:45-4:15<br>Open Choice theme<br>activities   |
| 4:15-5:00<br>Playground  | 4:15-5:00<br>Playground  | 4:15-5:00<br>Playground  | 4:15-5:00<br>Playground  | 4:15-5:00<br>Playground  |
| 5:00-6:00<br>Free play in<br>Classroom 4                                       | 5:00-6:00<br>Free play in<br>Classroom 4                                       | 5:00-6:00<br>Free play in<br>Classroom 4                                       | 5:00-6:00<br>Free play in<br>Classroom 4                                       | 5:00-6:00<br>Free play in<br>Classroom 4   |

**Arrival time should be no later than 9:00am, to ensure participation in activities.**

Each classroom uses the *High Reach Curriculum*, which focuses on social-emotional skills, kindergarten readiness and encourages children to learn in their natural environment.

**The Y: We're for youth development, healthy living and social responsibility.**

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