



Prescott YMCA Preschool Snack January 2018

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday
1 Child Care Closed for New years	2 Yogurt Grahams Craisins Pretzels	3 Cheddar Cheese Ritz Carrots Ranch Saltines	4 Applesauce Wheat Thins Raisins Fish Crackers	5 String Cheese Saltines Chips Salsa
8 Oranges Cheez-its String Cheese Saltines	9 Cottage Cheese Peaches Raisins Pretzels	10 Cheddar Cheese Ritz Chips Salsa	11 Yogurt Muffins Applesauce Grahams	12 String Cheese Saltines Carrots Ranch Saltines
15 Cottage Cheese Peaches Cheddar Cheese Wheat Thins	16 Yogurt Grahams Craisins Pretzels	17 Applesauce Ritz Carrots Ranch Saltines	18 Bagels & Cream Cheese Raisins Fish Crackers	19 String Cheese Saltines Chips Salsa
22 Yogurt Muffins String Cheese Saltines	23 Craisins Fish Crackers Applesauce Wheat Thins	24 Bagels & Cream Cheese Chips Salsa	25 Cottage Cheese Peaches Cheddar Cheese Ritz	26 String Cheese Saltines Carrots Ranch Pretzels
29 Oranges Cheez-its String Cheese Saltines	30 Bagels & Cream Cheese Applesauce Grahams			

Snacks are provided twice daily for your child.

Please be sure to pack a nutritious lunch for your child.

This schedule is subject to change due to availability of food items and rate of use.

The Y: We're for youth development, healthy living and social responsibility.

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