



# James Family Prescott YMCA Preschool Activity Schedule

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

October 2017

Room 1  
Room 6

Monday	Tuesday	Wednesday	Thursday	Friday
6:30-7:30 Classroom Free Play 7:30-8:15 Playground	6:30-7:30 Classroom Free Play 7:30-8:15 Playground	6:30-7:30 Classroom Free Play 7:30-8:15 Playground	6:30-7:30 Classroom Free Play 7:30-8:15 Playground	6:30-7:30 Classroom Free Play 7:30-8:15 Playground
8:15-8:30 Snack 8:30-9:00 Classroom Free Play □	8:15-8:30 Snack 8:30-9:00 Classroom Free Play □	8:15-8:30 Snack 8:30-9:00 Classroom Free Play	8:15-8:30 Snack 8:30-9:00 Classroom Free Play □	8:15-8:30 Snack 8:30-9:00 Classroom Free Play □
9:00-9:45 Playground	9:00-9:45 Playground	9:00-9:45 Playground	9:00-9:45 Playground	9:00-9:45 Playground
9:45-10:15 Circle Time	9:45-10:15 Circle Time	9:45-10:15 Circle Time	9:45-10:15 Circle Time	9:45-11:00 Circle Time/Open Choice Themed Centers
10:15-11:30 Open Choice Theme Centers	10:15-11:15 Open Choice Theme Centers	10:15-11:15 Open Choice Theme Centers	10:15-11:15 Open Choice Theme Centers	11:00-11:15 Potty/Wash Hands
11:15-12:00 Potty/wash hands/Lunch	11:15-12:00 Potty/wash hands/Lunch	11:15-12:00 Potty/wash hands/Lunch	11:15-12:00 Potty/wash hands/Lunch	11:15-12:15 <b>Gymnastics</b>
12:00-2:00 Nap	12:00-2:00 Nap	12:00-2:00 Nap	12:00-2:00 Nap	12:20-12:45 Potty/wash hands/Lunch
2:00-2:10 Potty Break	2:00-2:15 Potty Break	12:15-2:00 Nap Time	2:00-2:15 Potty Break	12:45-2:35 Nap Time
2:10-3:00 <b>Gymnasium</b>	2:15-3:15 <b>Swimming</b>	2:30-3:15 Snack	2:15-3:15 <b>Swimming</b>	2:35-2:45 Potty break
3:00-3:45 Snack	3:15-3:45 Snack	3:15-3:45 Free Play	3:15-3:45 Snack	2:45-3:30 Snack
3:45-4:15 Playground	3:45-4:15 Playground	3:45-4:15 Playground	3:45-4:15 Playground	3:45-4:15 Playground
4:15-5:00 Open Choice theme activities	4:15-5:00 Open Choice theme activities	4:15-5:00 <b>Lindquist Park</b>	4:15-5:00 Music & Movement	4:15-5:00 Open Choice theme activities
5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1	5:00-6:00 Free play in Classroom 1

**Arrival time should be no later than 9:00am, to ensure participation in activities.**

Bedding should be taken home on Friday for laundering and returned with your child on Monday.

Each classroom uses the *High Reach Curriculum*, which focuses on social-emotional skills, kindergarten readiness and encourages children to learn in their natural environment.

**The Y: We're for youth development, healthy living and social responsibility.**

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