



Prescott YMCA Preschool Snack Aug 2017

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Yogurt Grahams Craisins Pretzels	2 Applesauce Ritz Carrots Ranch, Saltines	3 String Cheese Saltines Raisins fish crackers	4 Peaches Cottage Cheese Cheddar Cheese Wheat Thins
7 Yogurt Muffins String Cheese Saltines	8 Craisins fish crackers Oranges cheez-Its	9 Cheddar Cheese Ritz Chips, Salsa	10 Raisins Pretzels Applesauce Grahams	11 String Cheese Saltines Carrots Ranch, Saltines
14 Bagels & Cream Cheese Cheddar Cheese Wheat Thins	15 Peaches Cottage Cheese Craisins Pretzels	16 Applesauce Ritz Carrots Ranch, Saltines	17 String Cheese Saltines Raisins fish crackers	18 Cheddar Cheese Wheat Thins Oranges cheez-Its
21 Yogurt Muffins String Cheese Saltines	22 Craisins fish crackers Oranges cheez-Its	23 Cheddar Cheese Ritz Chips, Salsa	24 Raisins Pretzels Applesauce Grahams	25 Peaches Cottage Cheese Carrots Ranch, Saltines
28 Bagels & Cream Cheese Cheddar Cheese Wheat Thins	29 Yogurt Grahams Craisins Pretzels	30 Applesauce Ritz Carrots Ranch, Saltines	31 Cheddar Cheese Wheat Thins Peaches Cottage Cheese	

Snacks are provided twice daily for your child. Please be sure to pack a nutritious lunch for your child. This schedule is subject to change due to availability of food items and rate of use.

The Y: We're for youth development, healthy living and social responsibility.

James Family Prescott YMCA 750 Whipple St., Prescott, AZ 86301 928-445-7221 www.prescottymca.org